Year Group: Nursery	.20		your family as well!		
PE	Maths	Literacy	Suggested Indoor Activities		Suggested Outdoor Activities
PE Try your best to be physically active for at least an hour per day. We recommend: Joe Wicks https://www.youtube.com/user/thebodycoach1 Joe does a daily 30minute PE lesson for children and families. It's a great way to start the day. You could also try Cosmic Kids Yoga https://www.youtube.com/cosmic kidsyoga This is a great way to practice mindfulness and keep yourself stretched and supple. Remember to show us what you've been getting up to via the email link for	Maths lessons: Monday: Sing some number songs like 'One two Three Four Five. Once I caught a fish alive' Tuesday: Hide a toy and use clues to guess where it is. The toy is under / next to / behind / in front of? Wednesday: Put pegs on a cardboard strip and count items around the house. How many cups? How many socks? Place pegs along the cardboard to represent the number of items. Thursday: Build towers with construction. Which is taller? Which is shorter? Friday: Watch Numberblocks on	Reading lessons: Listen to stories. Recognise your name. Be a robot! Ask your grown up to talk like a robot too. "Who wants a wwwwwalk" "Can you go to the tttttoilet" Writing lessons: Monday: Have a go at writing your name. But remember there is a capital letter at the start and then lower case letters. Tuesday: Practice picking up a pencil to write. See the next page. Wednesday: Draw your favourite toy. Draw your family.	Suggested Indoor Activities This week's suggested indoor topics are: 1. Cut and stick from magazines to make a collage. 2. Play board games with your family. Or do a jigsaw. Do you have any card games? 3. Challenge: Make a cosy den and play with your toys inside. Read them a story.	<u> </u>	
nursery@kates- hill.dudley.sch.uk	Challenge: Can you count backwards from 10?	Thursday: Use a brush, squeezy bottle, chalk and mark make outside. Friday: Write a shopping list together.			

Holding the Pencil



The Three Friends work the pencil.

- Holding Fingers
- Pillow Finger









Pick it up with my Holding Fingers.



Tip it back to lay across my hand and pop my Pillow Finger underneath.