

Kates Hill Weekly Home learning activities			Remember to also relax, have fun and enjoy time with your family as well!	
Year Group: Nursery		Week beginning: 11.05.20		
PE	Maths	Literacy	Suggested Indoor Activities	Suggested Outdoor Activities
<p>Try your best to be physically active for at least an hour per day.</p> <p>We recommend: Joe Wicks https://www.youtube.com/user/thebodycoach1 Joe does a daily 30minute PE lesson for children and families. It's a great way to start the day.</p> <p>You could also try Cosmic Kids Yoga https://www.youtube.com/cosmickidsyoga This is a great way to practice mindfulness and keep yourself stretched and supple.</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Remember to show us what you've been getting up to via the email link for</p> <p>nursery@kates-hill.dudley.sch.uk</p> </div>	<p>Maths lessons:</p> <p>Monday: Say the days of the week in order. What day was yesterday? What day is it tomorrow?</p> <p>Tuesday: Count your toys when they are placed in a random layout on the floor. Remember you can only count each thing once.</p> <p>Wednesday: Help your grown up tidy away things in the kitchen. How many saucepans will fit on the shelf? How many mugs did we use today? How many knives and forks do we need for our meal?</p> <p>Thursday: Look around the house for 2D shapes. What can you see? Where is there a square, triangle, rectangle or circle? How are they different?</p> <p>Friday: Watch Numberblocks on CBeebies iPlayer.</p> <p>Challenge: Introduce the words 'one more'. "Can you pass me one more sweet please. We need one more spoon. I need one more egg for this recipe."</p>	<p>Reading lessons: Listen to stories.</p> <p>Recognise your name.</p> <p>Play I Spy but with rhyming words. "I spy with my little eye something that rhymes with star (car)"</p> <p>Writing lessons:</p> <p>Monday: Make a book with activities that you have been doing at home.</p> <p>Tuesday: Use a toy phone or a pretend phone and write down messages.</p> <p>Wednesday: Place clothes pegs on a paper plate or a sock. This will help develop fine motor control.</p> <p>Thursday: Have a go at writing your name. But remember there is a capital letter at the start and then lower case letters.</p> <p>Friday: Do you have any empty shampoo bottles / washing up liquid bottles? Fill with water and mark make with them outside by squirting the water.</p>	<p>This week's suggested indoor topics are:</p> <ol style="list-style-type: none"> 1. Look through photographs and talk about your family. 2. Make a sock puppet. Can the children make the puppet talk about their worries. About what makes them happy. 3. Challenge: Draw a design before you build something with your construction toys. Use empty boxes as an alternative to construction. 	<p>This week's suggested outdoor topics are:</p> <ol style="list-style-type: none"> 1. Kicking a ball. Catching a ball. 2. Play follow the leader. The person at the front of the line has to jump and everyone copies. Think of other actions that can be done by the leader. 3. Challenge: After you have exercised can you talk to somebody about how you feel? Are you out of breath? What is your heart doing?