

Physical Education Curriculum: Whole School Long Term Plan

Key skills are taught according to the following whole school long term plan. Year 4 also access swimming lessons throughout the year.

Physical Education	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Team building & Orienteering	Multi Skills	Gymnastics	Creative Movement: Dance	Athletics	Football
Year 2	Team building & Orienteering	Multi Skills	Gymnastics	Creative Movement: Cheerleading	Athletics	Basketball
Year 3	Invasion Games: Hockey	Net Games: Tennis	Gymnastics	Creative Movement: Dance	Athletics	Striking and Fielding: Cricket
Year 4	Invasion Games: Netball	Net Games: Volleyball	Gymnastics	Creative Movement Dance	Athletics	Striking and Fielding: Rounders
Year 5	Invasion Games: Tag Rugby	Net Games: Badminton	Gymnastics	Creative Movement: The Haka	Athletics	Striking and Fielding: Cricket
Year 6	Invasion Games: Hockey	Net Games: Tennis	Gymnastics	Creative Movement: Street Dance	Athletics	Striking and Fielding: Rounders